

# RENEW

— WELLNESS —

Comprehensive Functional Medicine Lab Testing

Adrenal Function  
*Sample Report*

Dr. Helene Pulnik ND





# Adrenal Hormone Report; saliva

**Order:** Sample Report

Client #: 12345

Doctor: Sample Doctor

Doctor's Data, Inc.

3755 Illinois Ave.

St. Charles, IL 60174 USA

**Patient:** Sample Patient

Id: P999999999

Age: 41 DOB: 01/01/1978

Sex: Female

Body Mass Index (BMI): 24.8

Menopausal Status: Pre-menopausal,

LMP: 09/21/2019

**Sample Collection** Date/Time

Date Collected 10/09/2019

AM30 10/09/2019 07:30

Noon 10/09/2019 12:00

Evening 10/09/2019 17:30

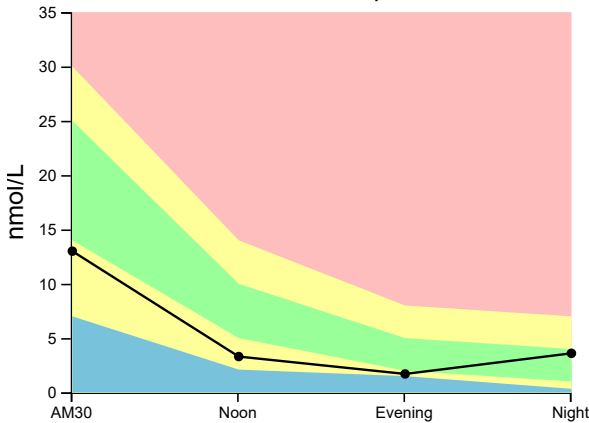
Night 10/09/2019 20:30

Date Received 10/14/2019

Date Reported 10/15/2019

Analyte	Result	Unit	L	WRI	H	Optimal Range	Reference Interval
Cortisol AM30	13	nmol/L	◆			14.0 – 25.0	7.0 – 30.0
Cortisol Noon	3.3	nmol/L	◆			5.0 – 10.0	2.1 – 14.0
Cortisol Evening	1.7	nmol/L	◆			2.0 – 5.0	1.5 – 8.0
Cortisol Night	3.6	nmol/L		◆		1.0 – 4.0	0.33 – 7.0
DHEA*	177	pg/mL		◆			106 – 300

Cortisol Graph

**Hormone Comments:**

- The suboptimal diurnal cortisol pattern is consistent with evolving (Phase 2) HPA axis (adrenal gland) dysfunction.

**Adrenal Phase: 2**

Disclaimer: Dr. Pulnik does not act as your primary care provider. Dr. Pulnik's practice is focused on a complementary, functional and holistic approach to care, and therefore you should be in the care of a primary care doctor especially if you have a medical condition, disease or mental health disorder.

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**Notes:**

RI= Reference Interval, L (blue)= Low (below RI), WRI (green)= Within RI (optimal), WRI (yellow)= Within RI (not optimal), H (red)= High (above RI)

The current samples are routinely held three weeks from receipt for additional testing.

\*This test was developed and its performance characteristics determined by Doctor's Data, Inc. The FDA has not approved or cleared this test; however, FDA clearance or approval is not currently required for clinical use. The results are not intended to be used as the sole means for clinical diagnosis or patient management decisions.

Methodology: Enzyme Immunoassay